

Helping Hands

July- September 2025



Education in Action: Empowering Students Every Day in Cambodia

At Helping Hands Cambodia, every term brings new stories of perseverance, growth, and community. From the youngest students learning to read, to university scholars breaking barriers, your support continues to shape brighter futures in rural Cambodia.

This past quarter, 362 students were enrolled in our education programs, receiving 7,133 nutritious breakfast meals in total and taking part in 12 workshops focused on nutrition and hygiene. These daily moments of learning and care are where transformation begins.

Building Knowledge, Confidence, and Curiosity

Our teachers continue to bring creativity and energy to the classroom. Lessons combine academic subjects with play, games, and hands on activities to make learning both meaningful and fun. This quarter, our students enjoyed science experiments, reading circles, and English excursions that strengthened their curiosity and practical skills.

One of the most exciting developments has been the upgrade of our school library. With new textbooks and reading materials, students are now encouraged to practice public speaking, active listening, and reading comprehension skills that build confidence far beyond the classroom.

Our educational excursions this term included a visit to a local entrepreneur's workshop, a scavenger hunt at the Angkor National Museum, and an inspiring trip to the Botanical Gardens, where students explored the links between nature, business, and community life.



362 students



7,133 nutritious breakfast meals



12 Workshops

From Students to Mentors

One of the most rewarding parts of our work is seeing former students return as educators and role models. This quarter, one of our graduates completed an internship with Helping Hands to develop her teaching skills, and another trainee English teacher successfully graduated from university. Two of our full time teachers also redesigned our forty hour English training program, showing how the next generation of educators is shaping the future of the school.

This school year, which concluded at the end of September, marked another proud milestone. Nine students completed their exams and graduated from high school, each taking a new step toward their dreams. Among them, two students, Taew and Sarath, have been selected for university scholarships and will begin their studies soon. The remaining graduates are currently exploring future opportunities and career paths. We also continue to follow the journey of two students who graduated last year and started university in February. Both recently completed their first semester, demonstrating great progress and commitment in their studies





Meanwhile, two new scholarship students have begun their university journeys, Sreyneang, studying Teaching English as a Second Language, and Vannak, studying Public Administration. Both are the first in their families to attend university, and their stories are a reminder of how education can lift entire families out of poverty.

Our latest group of high school graduates also received their exam results and are now preparing for university or new career opportunities. Many of our younger students have started at local high schools, carrying with them the strong foundations built at Helping Hands.

Overcoming Challenges Together

The rainy season always tests our resilience. This quarter, heavy rains flooded the roads and forced the school to close for several days. Despite these obstacles, attendance quickly returned to normal once conditions improved. Rain also brings an increase in seasonal sickness, but our nutrition and hygiene workshops help families keep their children healthy and strong.

Another challenge has been local unemployment. Some families continue to look for work across the border in Thailand, but ongoing regional conflict has made that difficult. Our team is addressing this by helping parents explore safer and more stable job opportunities in Siem Reap, ensuring that children can stay in school and continue learning without disruption.

Teamwork, Training, and Volunteers

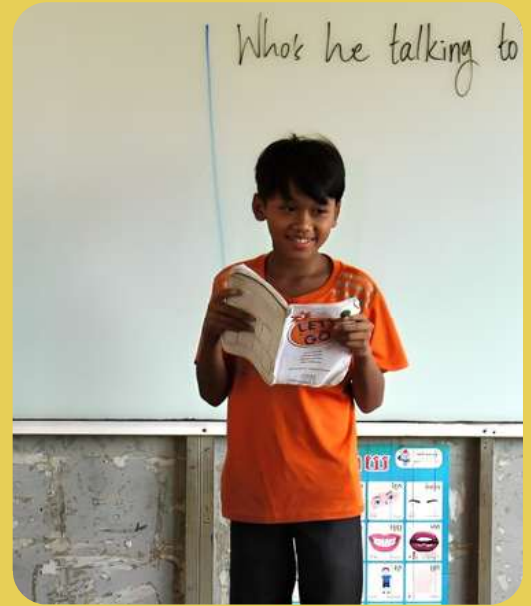
Our teachers have been working hard to stay up to date with the latest educational tools. This term, we introduced new student workbooks and hosted several teacher collaboration sessions. Looking ahead, we have planned upcoming training on Child Psychology and Behaviour Management Strategies to further strengthen our approach to inclusive education.



We were also fortunate to welcome Becky, a volunteer who brought wonderful energy to the English classes. She helped improve students' reading fluency and introduced new songs and games that made learning even more fun. Additionally, Phoebe, our intern, completed her internship with great results, creating engaging social media content and supporting classroom activities.

Stories of Growth and Determination From Student to Teacher

Dara's story continues to inspire everyone at Helping Hands Cambodia. Once a shy student in our classrooms, she is now part of our teaching team, completing her university studies while helping others follow the same path. This quarter, Dara took on additional responsibilities, assisting in classroom planning and mentoring younger students who are beginning their own academic journeys. Her ability to empathize with the children, having once faced similar challenges, makes her an extraordinary role model.



Beyond her teaching duties, Dara has become a bridge between families and the school. She regularly visits homes to encourage parents to stay involved in their children's education and offers support to those struggling with economic hardship. Her journey is a living example of how education can transform a life, turning a student into a changemaker who uplifts her entire community.

THANK YOU FOR YOUR SUPPORT!

With your help, we are committed to improving children's education today while creating brighter opportunities for the future, but this work simply wouldn't be possible without your contribution. Your generosity ensures that students in rural Cambodia receive quality learning in a safe environment, giving them the encouragement they need to thrive academically, socially, and emotionally.

Thank you for standing with us and for helping shape a future where every child can learn, grow, and dream without limits.

